

Hawk's Medical Kit

The following tables summarize the contents of our offshore medical kit. The various medications and supplies reflect our medical history. While you may want to use this list as a starting point, you should create your own medical kit in conjunction with your doctor that meets the needs of your own crew.

Table A6-1

Type	Materials	Amount
Diagnostic materials	Stethoscope	1
	Rectal thermometer	1
	Electronic thermometer	1
	Tongue depressors	1 box
	Q-tips	3 packages
	Cotton balls	1 package
	Rubber gloves	1 box
	Dental floss	1 package
Surgical supplies	Rubber tourniquet	2
	Hemostat, curved, mosquito	1
	Hemostat, straight	1
	Surgical scissors	1
	Needle holder/suture scissors combination	1
	Scalpel holder	2
	Scalpel blades #11	1 package of 6
	Disposable single-edged razors	12
	Small pointed forceps	1
	Medium blunt forceps	1
First aid	Betadine Surgical Scrub ¹	1 pint
	Betadine Solution	1 pint
	Isopropyl alcohol	1 pint
	Hydrogen peroxide	One 8 oz. bottle
	Irrigation solution (saline)	1 quart
	Burow's solution	12 tablets
	Large syringes (20 and 30 cc) for irrigation	6
	Rubber tourniquet	2
	3 cc sterile syringes with #23 or #25 1 in. needles ¹	24
	Injectable lidocaine ¹ (brand name Xylocaine)	One 30 cc bottle
	Lidocaine ointment	One tube
	Steri-Strip closures	One box
	Friar's Balsam or Bag Balm	One container
	Suture 4-0 silk with needle ¹	One box
	Suture 4-0 gut with needle ¹	One box
	1/4 in. gauze drains	One bottle
	Fabric Band-Aids	One box
	2 in. gauze rolls	6
	3 x 3 in. gauze pads	One box
	2 in. adhesive tape	Two rolls

Orthopedic	Ice packs (the quick-activation kind)	3
	Wrist splints, adult size	1
	Metal splints for fingers and toes	3
	Wrist brace with reinforced Velcro closure	1
	Airway resuscitation kit	1
	3 in. Ace bandages	5
	Triangular bandages	2
Teeth	Temporary filling kit	1
Eyes	Sterile eye pads	6
	10% sulfacetamide eye drops ¹	One 10 cc bottle
	Garamycin ophthalmic ointment ¹	One 3.5 g tube
Ear	Pediatric ear drops	One 15 cc bottle
	Hydrocortisone with acetic acid ear drops ¹	Three 10 cc bottles
Dermatological	1% hydrocortisone cream	Two 1 oz. tubes
	1% hydrocortisone ointment	Two 1 oz. tubes
	Zinc oxide	Two 1 oz. tubes
	Neosporin ointment	One 1 oz. tube
	Aloe vera gel	One large bottle
	Silvadene cream (Silver Sulfadiazine)	One jar or tube
	Lotrimin AF (antifungal) 1% lotion	One 30 cc tube
	Monistat cream and vaginal suppositories	Three 3-day treatment kits
	Diflucan tablets, 150 mg ¹	7 tablets
Digestive	Gastrolyte rehydrating solution	One package
	Norfloxacin	20 400 mg tablets
	Tindazole	12 500 mg tablets
	Lomotil ¹	One carton
	Senokot tablets	50
Infections	Ampicillin, 250 mg ¹	100 tablets
	Clavulin Duo Forte (amoxicillin 875 mg and potassium clavulanic acid 125 mg) ¹	100 tablets
	Bactrim DS ¹	100 tablets
	Rulide (roxithromycin 300 mg) ¹	100 tablets
	Injectable cephtriaxone ¹	12 vials
Pain	Aspirin	100 tablets
	Ibuprofen, 200 mg	4 per day
	Tylenol with codeine #3 ¹	100 tablets
	Tramal caplets (tramadol hydrochloride) ¹	40 50 mg caplets
	Injectable Tramal *Tramadol hydrochloride) ¹	10 50 mg dosages
Allergic reactions	Claritin	1 per day for allergy sufferers
	Pseudoephedrine or other decongestant	2 bottles
	Sinus medication	One box; additional for allergy sufferers
	Hismanal, 10 mg ¹	80 tablets
	Prednisone, 5 mg ¹	100 tablets
	1:1000 adrenaline, 10 cc ¹ OR Epipens	One 30 cc bottle OR 2 Epipens
Seasickness	Stugeron	100 tablets
	Dramamine	50 tablets
	Meclizine (Dramamine Less Drowsy)	50 tablets
	Phenergan (promethazine), 25 mg ¹	50 tablets

Colds	Ephedrine, 50 mg ¹	50 tablets
	Phenergan suppositories, 25 mg ¹	12
	Dimetane DC cough medicine ¹	1 pint
	1/4% Neosynephrine nose drops	Two 30 cc bottles
	NyQuil/DayQuil	One box each

¹Only available in the U.S. by prescription